



<p><i>Deliberate and specific retrieval of expected prior knowledge (be specific)</i></p> <p>Difference between contact and non-contact forces (e.g. gravity, friction, magnetic forces). Concept of balanced and unbalanced forces causing changes in motion. Simple use of force diagrams. Awareness that friction and air resistance oppose motion. Basic understanding of mass and weight (although often confused). Everyday examples of forces in action (e.g. pushing a trolley, gravity pulling objects down).</p>	<p><i>Academic transformation (be specific)</i></p> <p>Resultant forces and how they affect motion. Newton's second law of motion and their application in everyday contexts. How mass affects acceleration. Stopping distances and the factors affecting them (e.g. speed, reaction time, road conditions). Momentum and conservation of momentum in collisions. Work done, energy transfer, and the relationship between force, work, and distance.</p>	<p><i>Personal transformation (2 or 3)</i></p> <p>Real-world applications like crumple zones, seatbelts, and airbags – how physics saves lives. Forces acting on astronauts during take-off and re-entry – the extremes of Newton's laws. Exploring extreme G-forces in roller coasters, F1 racing, and fighter jets. Role of robotics and prosthetics and how forces and motion are applied in design. How sports professionals use force analysis to improve performance (e.g. sprint starts, jumping).</p>
<p><i>Can I Learning Questions</i></p> <p>Can I investigate how force, acceleration and mass are linked? Can I interpret a velocity-time graph? Can I Describe Simple Tests for Reaction Time? Can I describe the conservation of momentum?</p>	<p><i>Literacy and Oracy</i></p> <p>Writing Tasks: Report: <i>"How physics reduces car crash injuries: The science of road safety"</i> Explainer article: <i>"Why do astronauts float in space?"</i></p> <p>Verbal/Group Tasks: Debate: <i>"Should speed limits be lowered to reduce stopping distances?"</i> Group discussion: <i>"Which force is the most important in our daily lives?"</i></p> <p>Useful Websites: BBC Bitesize Forces: https://www.bbc.co.uk/bitesize/topics/zpqqj6f Institute of Physics Forces Teaching Resources: https://www.iop.org/forces Isaac Physics – Forces Practice: https://isaacphysics.org/concepts/cp_forces</p>	<p><i>Misconceptions (5 or 6 examples)</i></p> <p>Forces are needed to keep objects moving – students often forget Newton's 1st law. Mass and weight are the same – confusion between kilograms and newtons. Faster objects always have more force – overlooking the role of mass and acceleration. Stopping distance is only affected by speed – neglecting thinking distance and environmental factors. Work is only done when moving fast – not realising it's about force over distance regardless of speed.</p>