



19 October 2020

Dear Parent(s)/Carer(s),

You will already be aware that as a part of your child's educational experience at Nottingham Free School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education. This provides our pupils with the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. From September 2021 the Department for Education is making Relationships Sex Education and Health Education compulsory in all schools.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

This guidance will form part of our school's PSHE education programme, which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and Governing Body.

For more detail about the proposed PSHE curriculum offer, please visit the school's website: <https://www.nottinghamfreeschool.co.uk/page.php?d=pshe&p=intro>

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

What do I need to do next?

To introduce parents to this concept and to ensure everyone is informed, we would like to review the draft policy and the statutory content of the relationships and sex education programme. The draft policy also contains important information for parents who may wish to withdraw their children from these classes.

As a school community, we are committed to working with parents. If you would like to find out more, make any comments or provide feedback on this draft policy, please contact the Head of PSHE Mrs Wilken (swilken@nottinghamfreeschool.co.uk). The closing date for feedback is Monday 2nd November.

Yours faithfully,



Mrs S Wilken &
(Head of PSHE)

Mrs K Gray
(Safeguarding Lead & Senior Leader)