

# What is a Reverse Advent Calendar?

- Firstly you need to grab a basket or box, and every day leading up to Christmas, add something useful to the box.
- The idea is that you add 24 items just like an advent calendar. We will be starting this on Monday 26<sup>th</sup> November and so we will have **15** days to collect items.
- Then you can donate it to a food bank, a family in need or your chosen House charity.

# What to put in a Reverse Advent Calendar

- •Dolls, teddy bears, toys
- Pencils, crayons, paper, colouring books
- •CDs, DVDs, books
- •Hats, gloves, scarves
- •Make up, toiletries
- Baby clothes
- •T shirts, jumpers
- Arts and crafts, jigsaws
- •Bath towels, hand towels, blankets

- •Tinned goods such as fruit, tuna, baked beans, chopped tomatoes and rice pudding
- •Cans or (plastic) bottles of fizzy or still drinks
- •Chocolate and sweets
- •Biscuits and crackers
- •Crisps and savoury snacks
- Baby formula and nappies

## How to make your own reverse advent calendar

## Step 1:

 Pick something to collect your advent calendar gifts in. This can be something really easy like a basket or cardboard box, or alternatively you could make individual pockets for each day using strips of cardboard and even add some paint and glitter to jazz it up.

## Step 2:

• Every day choose something from your own supplies or from a shop with your family to donate to your reverse advent calendar.

#### Step 3:

 On Friday 14<sup>th</sup> December, House Captains will take your offerings down to your local food bank or charity and donate them.

#### Step 5:

 Spend some time with your family/friends imagining who you might have helped by starting this special tradition and ask everyone to pick a reason why they are lucky this Christmas. Where to take your reverse advent calendar

- Crisis.org for food and clothesFareShare for food
- Salvation Army for toys and gifts
- •Great Ormond Street Hospital for games and entertainment gifts
- •The Trussell Trust for food
- Samaritans for toys and toiletries
- •Barnardo's for toys, toiletries
- •The British Heart Foundation for toys and clothing

In tutor sets, you will decide how to make the calendar and who will bring in something each day.



